



Dr. Phyllisa Deroze

GLOBAL DIABETES PATIENT CONSULTANT

Email: psmithderoze@gmail.com

Mobile: +971559939700

PERSONAL PROFILE

A passionate diabetes patient advocate, author, and motivational speaker with fifteen years of experience as an educator. Aspires to bridge gaps between medical information and real-world application, promote representation of under-served communities, and motivate everyone to live their lives "Diagnosed Not Defeated" by diabetes.

SOCIAL MEDIA PROFILES

- Blog:** www.DiagnosedNotDefeated.com
- Website:** www.BlackDiabeticInfo.com
- Twitter:** @not_defeated
- Instagram:** BlackDiabeticInfo
- Facebook:** Black Diabetic Info
- YouTube Channel:** BlackDiabeticInfo

SUPPORT GROUPS AND WORKSHOPS

AHS Peer-to-Peer Support Group

Al Ain, Abu Dhabi, UAE | 2018-present

- Collaborated with Abu Dhabi Services Company to create a second peer support group. This is the first co-ed peer support group in the city.

Sukkar Peer-to-Peer Support Group

Al Ain, Abu Dhabi, UAE | 2017-present

- Initiated the first peer support group for women with all types of diabetes in partnership with Imperial College London Diabetes.

Diabetes Trivia Social Workshop

Al Ain, Abu Dhabi, UAE | 2017

- Organized a free community event honoring World Diabetes Day. This event provided attendees with basic diabetes awareness information in a fun-filled atmosphere.

Learn to Fight Diabetes with Food Workshop

Pompano Beach, Florida, USA | 2016

- Developed a free community workshop which demonstrated how to incorporate African American cuisine into a diabetes meal plan.

New Year, New Start: Living Healthier with Diabetes Workshop

Pompano Beach, Florida, USA | 2016

- Designed and facilitated a free community workshop around healthy goal setting for all people living with diabetes.

Let's Talk About Type 2 Diabetes Workshop

Al Ain, Abu Dhabi, UAE | 2015

- Organized a free community event honoring World Diabetes Day.

PATIENT ADVOCATE CONFERENCE ATTENDANCE

- 2018-DEEP Summit. Novo Nordisk
- 2018-Mealtime Workshop. Novo Nordisk
- 2018-HealthVoices. Board Member. Janssen
- 2017-HealthVoices. Janssen
- 2017-2ruthInNumbers Diabetes Summit. Janssen
- 2016-Diabetes Linkup. AstraZeneca
- 2013-Type 2 Summit. Valeritas

SELECT FREELANCE WRITING

- How Practicing Gratitude Helps Me Manage Diabetes Better- Everyday Health
- Managing Diabetes Burnout with Exercise- Everyday Health
- My Top 3 Summertime Struggles with Type 2 Diabetes- Health Union
- I Don't Count Calories and I'm Okay with It- Health Union
- I Adjusted to Dietary Changes with Diabetes- Health Central
- Tornadoes and Travel: Managing Type 2 Diabetes in a Changing Environment- Science 37
- Dollars, Deductibles, and Drugs: Discovering the Costs of Living with Type 2 Diabetes- Science 37

SELECT MAGAZINE FEATURES



DIABETIC LIVING



GUIDE TO DIABETES



LIVING WELL WITH DIABETES



DIABETES FOCUS

SELECT SPEAKING ENGAGEMENTS

Novo Nordisk

- Surviving the holidays with diabetes (DEEptalk)- December 2018
- Patient Expectations of Healthcare Providers- November 2018
- ISPOR- September 2018
- Grow Insulin- September 2018
- GSM- May 2018

AstraZeneca

- Patient Perspective on Diabetes- July 2018

Boston University

- Keynote address on Diabetes and Pregnancy- June 2018

Janssen

- Bravely Advocating in a Diverse World- March 2018

International Diabetes Federation Congress

- Priorities for people with diabetes: IDF Blue Circle- December 2017
- Peer-to-Peer Support for Type 2 Diabetes- December 2017

DiaTribe

- How to Prevent a Diabetes Avalanche at SXSW- March 2017

PROFESSIONAL CAREER

Professor of English Literature

UAE University, Al Ain, United Arab Emirates | 2014-present

- Design highly engaging courses in American Literature.
- Write and publish articles in Literature and Disability Studies.
- Implement technology in the classroom.

US Fulbright CORE Scholar

United Arab Emirates | 2013-2014

- Served as a Global Ambassador of the United States of America.
- Conducted research on global feminism.
- Taught Writing and Speaking courses.

Professor of English Literature

Fayetteville State University, North Carolina, USA | 2011-2013

- Established the first Global Understanding course in partnership with Hebei Normal University and Baotou Teachers College in China.
- Prepared syllabi for literature courses.
- Taught American literature courses from 17th Century to present.

TWITTER CHAT PANELIST

- #DiabetesHeartTalk (Novo Nordisk)
- #WDD2016 Disclosing Your Diagnosis (DMSA)
- #DSMA Cultural Awareness (DSMA)
- #NotMyType (Novo Nordisk)

MAGAZINE AND NEWSLETTER FEATURES

- Accu-Chek Monthly Newsletter- October 2018
- Diabetic Living Magazine- Fall 2018
- Guide to Diabetes- 2018
- Living Well With Diabetes- Fall/Winter 2018
- Diabetes Forecast Magazine- Fall 2017
- Diabetes Focus Magazine- Spring 2016
- Diabetic Living Magazine- Winter 2016
- United Way of Cumberland County's Newsletter- Summer 2013
- Better Health Community Newsletter- Fall 2012

ADVOCACY AWARDS AND NOMINATIONS

- 2018 Winner Diabetes Mine's "Patient Voices" Contest
- 10 Best Type 2 Diabetes Blogs of 2018-Everyday Health
- Healthline's Around the DOC, September 2018
- WEGO's Patient Leader Hero nomination- 2018
- WEGO's Best in Instagram nomination- 2018
- WEGO's Best Kept Secret nomination- 2018

TRADEMARKED LOGOS



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DefeaTed